



## Mind Hack #8: Not Easier But Better

*“Wish to be better not for things to be easier”- Jim Rohn*

We get in life what we tolerate

What we have in life is the result of the person we have become

Things happen in life but it's how we respond that defines us

To have more we need to become more>>>>>>>NEW IDENTITY

When we change everything else changes

Everything is figure out able

Don't wish for less problems acquire more skills

Read more

Do something different for 90 days than what you did the last 90 days

We get to become a new person, create a new identity, become a better version of self

When you become better you gain confidence

When you become better you want to learn more

When you become better new opportunities appear

When you become better you discover a new version of you

When you become better you move up the vibrational emotional scale (PURPLE)